

KAIPARA

KUMARA

Sweeties

Small sweet red Sweeties Kumara cook whole in about 15 minutes and are delicious baked or roasted, popped in a stew or diced and served raw in a salad. No peeling necessary.

Look for The gold and purple packs in The fresh produce department at Countdown, FoodTown and Woolworths.

Small sweet and Tasty



kumara.co.nz for recipes and meal ideas